



# Northampton Aquatic & Family Center at JFK Middle School, 100 Bridge Rd. Florence

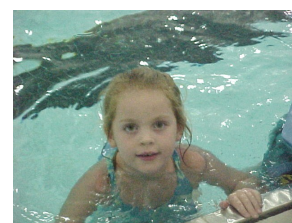
## Youth Swim Lessons

The Aquatic and Family Center offers swim lessons for children of all ages and abilities.

Our program includes classes for Parents and Tots, Pre-Level instruction for children ages 3-5 and Levels 1-5 for children Kindergarten-aged and up, at the beginner level through advanced swimming.

*Classes are 30 minutes in length. One week following the last class is reserved for a make-up class for cancellations due unexpected pool closures.*

### Late Fall Session Classes 6 Week session



**Saturday classes: Nov. 8 - Dec. 20      \$25/\$50/\$58**  
(no class 11/29)

Pre-level	9:30 am
Level 1 or 2	10:00 am
Level 3 or 4	10:30 am
Parent/Child	11:00 am

**NEW!**  
Sunday  
Classes

**Sunday classes: Nov. 9 - Dec. 21      \$25/\$50/\$58**  
(no class 11/30)

Pre-level	11:30 am
Level 1 or 2	12:00 pm
Level 3 or 4	12:30 pm

*Fees listed in the order of Member / Non-Member / Non-Member, Non-Resident*

*Pre-registration is required at least one week before start of session; space is limited; minimum enrollment must be met.*

#### **Class Descriptions:**

Parent/Child: Ages 1-5 with parent, emphasis on fun, covers a variety of skills and activities  
Pre-Level: Ages 3-5, a variety of swimming and safety skills covered  
Level 1: Ages 5 +, beginner, basic swimming and skills are covered  
Level 2: Ages 5 +, some experience, makes some progress swimming on own  
Level 3: Ages 6+, can swim in deep water, goes under water, can jump in on own  
Level 4: Ages 6+, can swim front crawl with rotary breathing, backstroke, and elementary back kick

**Registrations accepted at the AFC at JFK Middle School, 100 Bridge Rd., Florence, MA  
Mon-Fri 4:00-6:00 pm & Sat 10:00 am-4:30pm and Sun 11:00 am-4:00 pm, 587-1046  
or**

**Northampton Recreation Dept., 90 Locust St., Northampton, MA  
Mon-Fri 8:30 am-4:30 pm, 587-1040.  
[www.northamptonma.gov/recreation](http://www.northamptonma.gov/recreation)**